

For the localized pain of Postherpetic Neuralgia (pain after shingles)

Getting Started with the LIDODERM® PATCH

PATIENT INFORMATION

Make sure to use the LIDODERM® patch exactly as directed by your doctor.



Apply

the LIDODERM® patch to intact skin with no blisters to cover most painful area.



Use

up to 3 patches once a day for up to 12 hours: 12 hours ON, 12 hours OFF. **NEVER reuse a patch.** Always use as directed by your doctor.



Allow

enough time for LIDODERM® patch to take full effect.



Continue

your LIDODERM® patch treatment for as long as your doctor recommends. Remember to use your refills, as prescribed by your doctor, so you can continue experiencing the benefits of the LIDODERM® patch.

Important Safety Information

LIDODERM® is indicated for relief of pain associated with postherpetic neuralgia. Apply only to intact skin.

LIDODERM® is contraindicated in patients with a history of sensitivity to local anesthetics (amide type) or any product component.

Even a used LIDODERM® patch contains a large amount of lidocaine (at least 665 mg). The potential exists for a small child or pet to suffer serious adverse effects from chewing or ingesting a new or used LIDODERM® patch, although the risk with this formulation has not been evaluated. It is important to store and dispose of LIDODERM® out of the reach of children, pets and others.

Excessive dosing by applying LIDODERM® to larger areas or for longer than the recommended wearing time could result in increased absorption of lidocaine and high blood concentrations leading to serious adverse effects.

Avoid contact of LIDODERM® with the eye. If contact occurs, immediately wash the eye with water or saline and protect it until sensation returns.

Patients with severe hepatic disease are at greater risk of developing toxic blood concentrations of lidocaine, because of their inability to metabolize lidocaine normally. LIDODERM® should be used with caution in patients receiving Class I antiarrhythmic drugs (such as tocainide and mexiletine) since the toxic effects are additive and potentially synergistic. LIDODERM® should also be used with caution in pregnant (including labor and delivery) or nursing mothers.

Allergic reactions, although rare, can occur.

During or immediately after LIDODERM® treatment, the skin at the site of application may develop blisters, bruising, burning sensation, depigmentation, dermatitis, discoloration, edema, erythema, exfoliation, irritation, papules, petechia, pruritus, vesicles, or may be the locus of abnormal sensation. These reactions are generally mild and transient, resolving spontaneously within a few minutes to hours. Other reactions may include dizziness, headache and nausea.

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LIDODERM® Patch Progress Calendar

Adapted from the Wong-Baker FACES Pain Rating Scale; from Wong D.L., Hockenberry-Eaton M., Wilson D., Winkelstein M.L., Schwartz P.: *Wong's Essentials of Pediatric Nursing*, ed. 6, St. Louis, 2001, p. 1301. Copyrighted by Mosby, Inc. Reprinted by permission.



0 No Hurt



2 Hurts Little Bit



4 Hurts Little More



6 Hurts Even More



8 Hurts Whole Lot



10 Hurts Worse

Chart progress with your LIDODERM® patch treatment here. Write in the numbers (0-10) that match your PHN pain or sketch a face that matches how you feel each day.

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
Day 15	Day 16	Day 17	Day 18	Day 19	Day 20	Day 21
Day 22	Day 23	Day 24	Day 25	Day 26	Day 27	Day 28